



Sailing Instructions

Optimist Open Regatta Fleet. Saturday 8th May 2021.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing.


2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board on the race hut at the top of the ramp

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted at least half an hour before the first race affected.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the club race hut (top of the ramp)
- 4.2. When flag AP  is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP.
- 4.3. Boats may only launch when instructed to do so by the beach master. This will be done verbally to all sailors.
- 4.4. Adequate personal buoyancy shall be worn by all competitors whilst afloat, on the foreshore near the water and within the reservoir bowl. Flag Y will not be flown. Wet or dry suits are not adequate personal buoyancy. This changes Rule 40.

5. SCHEDULE OF RACES

5.1. The times below in bold are fixed (subject to RRS procedures), the remaining times are for guidance only and may vary considerably, deviation will not be grounds for redress. This changes rule 62.1(a).

	Regatta Fleet
Competitors Briefing	10:00
First A.M. Warning Signal	10:30
Lunch Ashore	12:30 – 13:15
Last Warning	16:00
Ashore	16:30
Prize Giving	There will be no prize giving ceremony. Prizes will be individually presented

5.2. A briefing will be held at each launching jetty. There will be 3 jetties used to launch named as: Jetty 1, Jetty 2 and Jetty 3 (Jetty 1 being located nearest the race box). Upon arrival at the venue each sailor will be given their allocated jetty number.

5.3. There will be a maximum of 10 races.

5.4. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed on the committee signal boat with one long sound at least **two** minutes before a warning signal is made.

6. FLEETS AND CLASS FLAGS

6.1. The class flags will be as follows:

Regatta Fleet

Flag “O” (Oscar) 

6.2. The regatta fleet will be one fleet, there will be no flights.

7. THE COURSES

7.1. The diagrams in Attachment A show the course, including the order in which marks are to be passed, and the side on which each mark is to be left. All angles and leg lengths are for illustration only and are not to scale.

7.2. All rounding marks shall be left to port.

7.3. The course to be sailed will be displayed on the committee boat from the warning signal using the abbreviations listed in Attachment A

7.4. A pathfinder boat may be set depending on safety considerations. The pathfinder will be specified in the briefing.

8. THE START

8.1. The start sequence will be as follows:

Minutes before starting signal	Visual Signal	Sound signal	Means
5	Class Flag Displayed	One	Warning Signal
4	P, U or Black Flag displayed	One	Preparatory Signal
1	P, U or Black Flag removed	One Long	One Minute
0	Class Flag removed	One	Start

8.2. The starting line will be between a staff displaying an orange flag on the committee boat at the starboard end and the port-end starting mark with an orange flag.

8.3. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing.

9. CHANGE OF THE NEXT LEG OF THE COURSE

9.1. To change the next leg of the course, the race committee may move the original mark (or the finishing line) to a new position or lay a new mark and remove the previous one as soon as possible.

9.2. The race committee may move a mark (or the finishing line) up to 100m without signalling the change. This changes RRS 33.

10. THE FINISH

- 10.1. The finish line will be between a staff displaying a blue flag on the finish boat at the starboard end and a staff mark displaying a blue flag the port-end.
- 10.2. Boats may be finished on the course. A boat's sail number will be hailed. This changes Rule 28.1.

11. NOT USED

12. TIME LIMITS AND TARGET TIMES

- 12.1. The target time for regatta fleet races is 20 minutes.
- 12.2. There is no time limit.
- 12.3. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1. If practical, a boat intending to protest shall inform the Race Committee of the boat(s) being protested at the finishing line immediately after finishing. For the purposes of this rule, Race Committee is the committee boat. This changes RRS 61.1(a).
- 13.2. Protest forms may be collected from the race box. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 13.3. The protest time limit is 30 minutes after the last boat, of the fleet in which the protestor is racing, has come ashore.

14. SCORING

- 14.1. The Low Point Scoring System of Appendix A will apply.
- 14.2. One race is required to be completed to constitute a series.
- 14.3. A boat's series score will be the total of her race scores excluding her worst scores as listed below:

Races Completed	Scores Excluded
1 – 2	0
3 – 6	1
7 - 10	2

15. SAFETY REGULATIONS

- 15.1. Boats will not be required to Check-out or Check-in (Tally).
- 15.2. A boat that retires from a race shall notify an official boat as soon as possible and shall not return to shore without their permission.

16. REPLACEMENT OF CREW OR EQUIPMENT

- 16.1. Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

17. EQUIPMENT AND MEASUREMENT CHECKS

- 17.1. A boat or equipment may be inspected at any time for compliance with the class rules, sailing instructions and safety. On the water, a boat can be instructed by a race official to proceed immediately to a designated area for inspection.
- 17.2. All such sails must display unique numbering within the spirit of the class rules.

18. EVENT ADVERTISING

- 18.1. Boats may be required to display advertising chosen and supplied by the organising authority.

19. OFFICIAL BOATS

- 19.1. All boats assisting with the management or safety of the event will be considered official boats.

20. SUPPORT BOATS AND SUPPORT PERSONS

- 20.1. Support boats are not permitted unless approved by the club in advance of the regatta.
- 20.2. All support persons (as defined by RRS) on official boats must register at the event registration.
*(RRS defines a Support Person as:
'Any person who (a) provides, or may provide, physical or advisory support to a competitor, including any coach, trainer, manager, team staff, medic, paramedic or any other person working with, treating or assisting a competitor in or preparing for the competition, or (b) is the parent or guardian of a competitor.'*)
- 20.3. The Regatta fleet may be provided with outside support while racing. This will take the form of designated coaches providing verbal advice to sailors.

21. LITTER DISPOSAL

- 21.1. Litter may be placed aboard support or official boats and shall not be disposed of in the lake.

26-27 NOT USED

28. PRIZES

- 28.1. Prizes will be awarded as follows:

Regatta Fleet

- ★ 1st 2nd, 3rd, 4th overall
- ★ 1st boy / girl
- ★ 1st main¹ fleet sailor
- ★ Endeavour prize (sailor who finishes mid-fleet. If an even number it will be the

¹ Whilst predominately a regatta fleet event, main fleet sailors are permitted to race however they will be omitted from the overall prizes. A main fleet sailor is a sailor who has entered IOCA events as a main fleet sailor

higher of the two placings).

★ Medals for all participants

29. STATEMENT OF RISK

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held at the venue.
- (h) Due to covid19 measures there will be limited support for sailors on the water and therefore any sailor going on the water must be fully competent at self rescue. Rescue boat cover will be in place and observing social distancing guidelines.

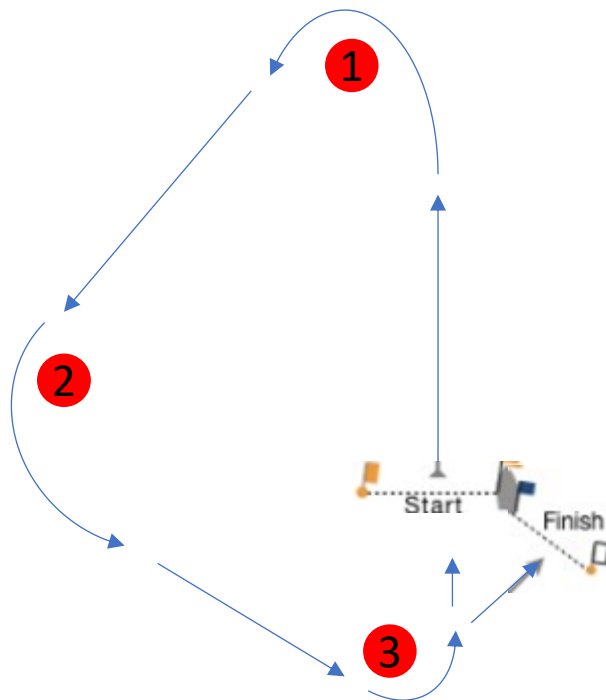
See also the Notice of Race Covid statement

30. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000.

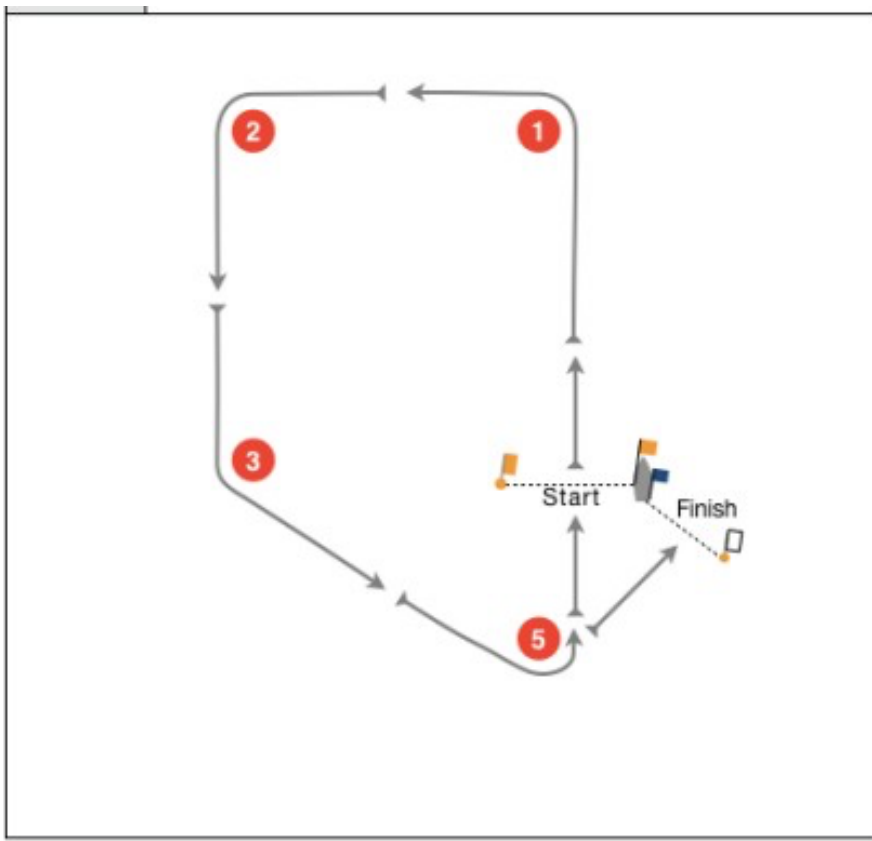
A. COURSE CARD.

T	Course: Triangle course with fetch finish. Flag W
Signal	Mark Rounding Order for Each Lap
1	Start – 1 – 2 – 3 – Finish
2	Start – 1 – 2 – 3 – 1 – 2 - 3 – Finish
Note	Start line is NOT part of the course after the start



B. COURSE CARD

T	Course: Trapezoid with Fetch Finish. Flag T
Signal	Mark Rounding Order for Each Lap
1	Start - 1 - 2 - 3 - 5 - Finish
2	Start - 1 - 2 - 3 - 5 - 1 - 2 - 3 - 5 - Finish
Note	Start line is NOT part of the course after the start



Tr

Number of laps to be displayed on back of committee boat.

Lap number shall denote the number of windward legs.

Boats shall sail past Mark 5 on last lap and then to finish line behind committee boat.

Course may be shortened at any mark, signaled by safety boat flying flag S and accompanied by sound signal. Boats to complete lap then proceed from Buoy 5 to finish

